

## Frequently Asked Questions:

### Format of play:

- U6 plays 3v3 No goalie
- U7/U8 plays 4v4 No goalie
- U9/U10 plays 6v6 Goalie included – No offsides
- U12 plays 8v8
- U14-U19 plays 11v11

### Length of matches for prelims: [REVISED 4/24/2014](#)

- U6 (2) 16 minute halves
- U7/U8 (2) 16 minute halves
- U9/U10 (2) 25 minute halves
- U12 (2) 25 minute halves
- U14-U16 (2) 30 minute halves
- U19 (2) 35 minute halves

### Substitutions:

- U6-U12 ANY stoppage of play with the referee approval
- U14-U19 Standard FIFA – Possession throw in, either teams goal kick, halftime & player injury

### Roster Max:

To enforce 50% play rule within recreational soccer the max roster is twice the players allowed to play.

- U6 – 6 players
- U7/U8 – 8 players
- U9/U10 – 12 players
- U12 – 16 players
- U14-U19 – 22 players (Only allowed to suit 18 players per match)

### Guest Players:

- Max of 3 players.
  - Players must be age appropriate with NO “play down” allowed
- Competitive players are NOT allowed to play on recreational teams
- Academy players are allowed since Academy is still considered a branch of recreational soccer
- Leaving behind a rostered player to build a better team is NOT ALLOWED
- What is needed to have a guest player play during event?
  - Copy of roster where the player is currently rostered
  - Guest players can be within your Club or from another Club in the area

### Who can attend:

- Event is sanctioned by US Club & OPEN TO ALL US Soccer affiliates across the state of Oklahoma
- U6-U19 Recreational teams