



**Green Country Soccer Association  
Games and Disciplinary Committee**  
Mailing Address: PO Box 471435, Tulsa OK 74147

Location: 4150 S 100 E, Ste 200 Q, Tulsa, OK  
74146

Tech Ridge Office Park, Cherokee Building  
Phone 918/481-3322

[gcsareg@gcsoccer.com](mailto:gcsareg@gcsoccer.com)

### Player/Coach – Sit-Out Verification

**DO NOT LEAVE THIS FORM WITH THE REFEREE OR OPPOSING COACH.**

In accordance with GCSA rules any person receiving a “SEND OFF” (Red Card), must sit out the next sanctioned match. This form also applies to being used for: 2<sup>nd</sup> yellow card (SEND OFF) in one game, accumulation of 3 yellow cards in one season (fall/spring), additional suspension given or DPS.

**THIS FORM IS TO PROTECT THE PLAYER/COACH AND THE LEAGUE.**

**Please print and fill out completely!**

NAME & # \_\_\_\_\_  
CLUB/TEAM \_\_\_\_\_  
AGE GROUP \_\_\_\_\_ Boys \_\_\_\_\_ Girls \_\_\_\_\_  
DATE OF GAME \_\_\_\_\_ OPPONENT \_\_\_\_\_  
COACH/MANAGER \_\_\_\_\_ PHONE \_\_\_\_\_  
DATE OF PLAYER/COACH EJECTION \_\_\_\_\_

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**THE ABOVE NAMED PERSON DID NOT PARTICIPATE IN THE ABOVE GAME.**

REFEREE \_\_\_\_\_ DATE \_\_\_\_\_  
SIGNATURE \_\_\_\_\_

COACH/MANAGER \_\_\_\_\_ DATE \_\_\_\_\_  
SIGNATURE \_\_\_\_\_

**DO NOT LEAVE THIS FORM WITH THE REFEREE OR OPPOSING COACH.**

**INSTRUCTIONS:** This form must be completed and sent to GCSA if the person named is to receive credit for the “sit-out”. It must be received within 72 hours of the sit-out game. GCSA will forward this information to the appropriate League Commissioner so that credit can be given. Failure to comply may result in additional suspension plus additional sanction.

Revised 02/2017